

YOUR VIEWS

Your views are a very important part of this process regardless of your age and ability.

Your views may be the same as other people's views about you or they may be different. It is fine to have the same views as others and it is fine to have different views to others.

You will probably have learned in school about the United Nations Convention on the Rights of the Child (UNCRC) and Article 12 of the UNCRC gives you the right to have your own views and gives people like Social Workers the responsibility to listen to your views.



CONTACT DETAILS

Your social workers name is:



Their email address is:



Their phone number is:



SOCIAL WORK

Social Work have been asked to complete an assessment to learn how your wellbeing can be supported. What we mean by an assessment of wellbeing is that we will look at your physical, mental and emotional wellbeing. This will help to know how best to support you when you experience difficulties.

Social work will also talk to other people involved in your life, such as parents, brothers and sisters and grandparents. We may also talk to your teachers or a doctor or other people who support you. There are also people called advocacy workers who we may ask you to speak with as they can help some children expressing their views

The assessment will look at 8 things in particular. We call these 8 things the Wellbeing Indicators.



WELLBEING INDICATORS

ACHIEVING

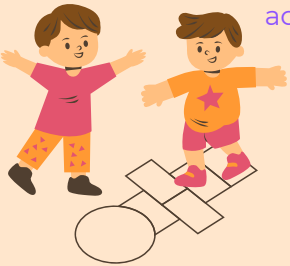
We will ask you about your progress at school and whether or not you are involved in activities out-with school. We want to ensure that you are getting the right support with your learning and we want to ensure that you have opportunities out-with school to learn, enjoy yourself and play.

HEALTHY

We want you to have the best physical and mental health possible and that you can see a doctor, nurse or dentist when you need to see one. We also want to know if you have all the information and ingredients to help you make good and healthy choices. For example, what is good to eat and what is not and do you have a tooth brush and tooth paste and helped or encouraged to brush your teeth

INCLUDED

We want you to have help to be accepted by your family, your school and your village or neighbourhood. This includes you and your family participating in school and community events and activities.



SAFE

What we mean by safe is are you growing up in a place where you feel secure, loved, listened to and abled to grow up/develop in the way that you should and that you want to. This includes freedom from abuse or neglect. Your Social Worker will explain what we mean by abuse or neglect if you do not already know.

ACTIVE

We will be asking you about the activities you are able to participate in. This includes arranged activities such as sport and music clubs but also activities such as playing outside with your friends.

RESPECTED

We want you to be involved in and having your voices heard in decisions that affect your life, with support where appropriate. There are many people who can help you express your views, including a family member, a teacher or social worker or some from Who Carers? Scotland or Advocacy Western Isles.

NURTURED

We want to make sure you are cared for in a way that is good for your physical and emotional development, and that the people who look after you make you feel loved and are important to them.



RESPONSIBLE

We want you to grow-up to be a responsible citizen, having opportunities to have age appropriate responsibilities at home, in school and in the community, and where necessary, having appropriate guidance and supervision. This will help you when you move from primary school to secondary school and from secondary school to your next destination.