# Legionnaires Disease Risk Assessment & Guidelines for Short-term lets

#### Who can carry out an assessment?

Landlord / hosts (including short-term let operators), property owners and letting agents can carry out a Legionnaire's risk assessment themselves if the property is a single dwelling or a flat with its own water supply (hot and cold) and they are competent to do so. In particular Landlord / hosts should:

- · understand different types of water systems
- · understand Legionella bacteria and the factors which increase the risk of an outbreak in a domestic setting
- understand the control measures which if present will reduce the risk of an outbreak within a domestic setting

Before considering carrying out a risk assessment you should familiarise yourself in particular with the following HSE publications: -

Legionella and Landlord / hosts' responsibilities - <u>www.hse.gov.uk/legionnaires/legionella-Landlord / hosts-responsibilities.htm</u>

Legionnaire's disease: A brief guide for duty holders - www.hse.gov.uk/pubns/indg458.pdf

The control of legionella bacteria in hot and cold water systems HSG247 - <a href="www.hse.gov.uk/pubns/priced/hsg274part2.pdf">www.hse.gov.uk/pubns/priced/hsg274part2.pdf</a>
Hot and cold water - Things to consider.- <a href="www.hse.gov.uk/legionnaires/assets/docs/hot-cold-legionella-checks.pdf">www.hse.gov.uk/legionnaires/assets/docs/hot-cold-legionella-checks.pdf</a>

# If you do not consider that you are competent then give the task to someone who is.

#### The risk assessment process

The practical risk assessment should include a site survey of the water system. A template is attached which is suitable for a basic system and can be adapted as required. The assessor should complete all the sections.

The assessor should understand the water systems and any associated equipment in the property, in order to conclude whether the system is likely to create a risk from exposure to Legionella.

It is important to identify whether:

- water is stored or re-circulated as part of the system (areas of risk include water tanks, dead legs, shower heads and/or long runs of pipe work containing warm water)
- the water temperature in some or all parts of the system is between 20 45°C (hot water should be stored in any tanks at 60°C)
- · there are sources of nutrients such as rust, sludge, scale and organic matters
- · conditions are present to encourage bacteria to multiply
- it is possible for water droplets to be produced and, if so, whether they could be dispersed, e.g. showers
- there are parts of the system that are used infrequently e.g. guest bathrooms
- it is likely that any of the tenants, residents, visitors etc are more susceptible to infection due to age, health or lifestyle and whether they could be exposed to any contaminated water droplets

#### Reviewing the risk assessment

If the risk assessment concludes there is no reasonably foreseeable risk or the risks are insignificant and are managed properly to comply with the law, the assessment is complete. Although no further action may be required at this stage, existing controls must be maintained. The assessment of risk is an ongoing process and not merely a paper exercise. The assessment should be reviewed regularly and specifically when there is reason to suspect it is no longer valid. The attached advice leaflet should be given to tenants.

#### Unoccupied /short term let properties

Hosts and any person employed to service the let should carry out regular checks the water systems between lets and including ensuring:

- the hot water temperature is not below 50°C or the hot water tank/boiler is not defective in any way
- the temperature of the hot water has not been adjusted
- the cold water is not obviously "warm" (above 20°C)
- little used outlets are flushed through for 5 minutes at least changeover (turn the water on slowly so that it doesn't splash, releasing water droplets into the air and then run at a flow rate that does not cause aerosols)
- · shower heads are cleaned, disinfected and descaled at least once every 6 months
- they take remedial action if they notice any debris or discolouration in the hot or cold water

Outlets on hot and cold water systems should be used at least once a week to maintain a degree of water flow and minimise the chances of stagnation. To manage the risks during non-occupancy, consider implementing a suitable flushing regime or other measures, such as draining the system if the dwelling is to remain vacant for long periods. It is recommended that you keep a note of when you have had to flush the system as part of your maintenance records.

# **Guests Guide to Legionnaire's Disease**

## What is Legionella?

Legionella is a bacteria that is naturally occurring in water sources such as lakes, reservoirs and ponds. It can enter the water systems within houses through the mains supply and given the right conditions, can begin to proliferate and potentially pose a threat.

## Is it harmful?

Although naturally occurring and present in low levels in a lot of water sources, the bacteria is usually not harmful if ingested, but if the bacteria is spread through an aerosol (a garden hose or shower head) and comes into contact with a susceptible person, it is possible that they could contract Legionnaires' disease.

## What is Legionnaire's disease?

Legionnaires' disease is a potentially fatal form of pneumonia caused by the inhalation of small droplets of contaminated water containing Legionella. Legionnaires' disease is often mistaken for other diseases that affect the lungs, like pneumonia and the only way to get a definite diagnosis is through tests like blood and urine.

# Where is Legionella found?

Hot and cold water systems in residential properties are a potential source for legionella bacteria growth. The main areas of risk are where the bacteria can multiply and increase to dangerous levels and then spread, e.g. in spray from showers and taps, even in dishwasher and washing machine pipes.

Conditions ripe for colonisation are where water of between 20°C and 45°C stagnates, and where there is sludge, rust and scale present for the bacteria to feed upon and multiply.

#### Who is at risk?

Legionnaire's disease most commonly affects the elderly, or people with chest or lung problems. Not everyone exposed to legionella bacteria becomes ill.

Legionnaire's disease is not contagious and you cannot get it from drinking water.

# Legionella Risk Assessment

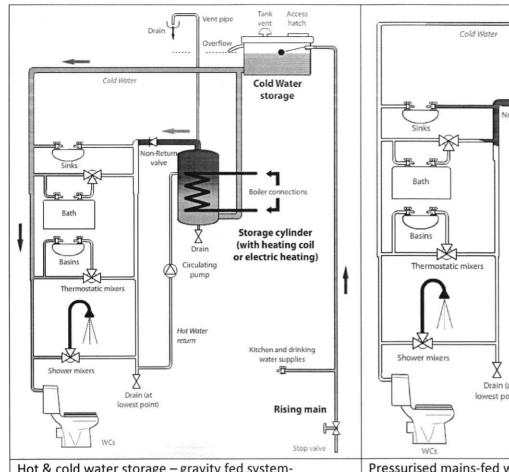
The risk from exposure to legionella has been assessed for the premises and it has been determined that there is minimal risk. The premises are maintained as necessary to ensure risks remain minimised.

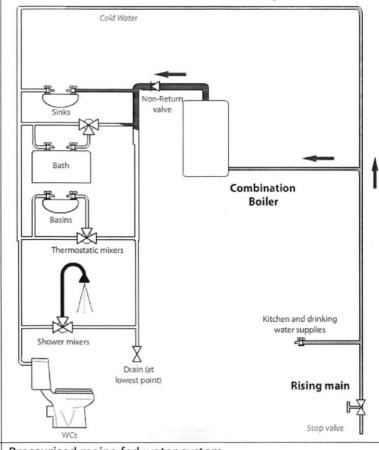
#### What precautions can I take?

Taking the following simple precautions will help keep you safe:

- ✓ Inform your host if you believe the hot water temperature is below 50°C or the hot water tank/boiler is defective in any way
- ✓ Do not adjust the temperature of the hot water
- ✓ Advise your host if you believe the cold-water temperature is above 20°C
- Notify your host if you notice any debris or discolouration in the hot or cold water

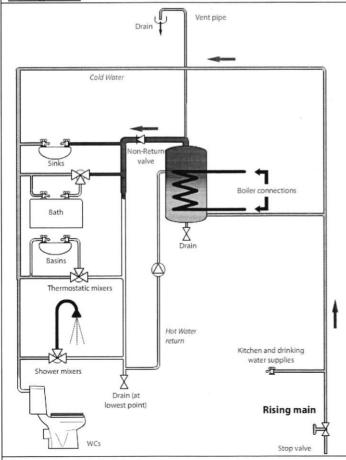
#### **EXAMPLES OF WATER SYSTEMS**

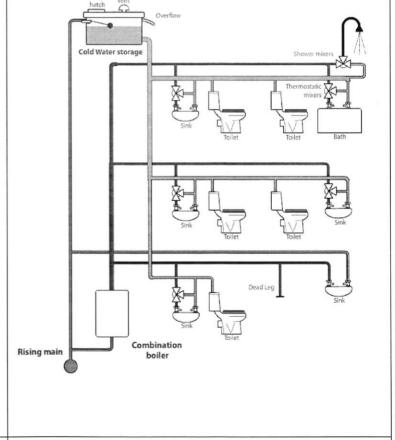




Hot & cold water storage – gravity fed systemwww.hse.gov.uk/legionnaires/hot-and-cold-waterstorage.htm

Pressurised mains-fed water system - www.hse.gov.uk/legionnaires/mains-pressure.htm





Pressurised mains-fed water system - www.hse.gov.uk/legionnaires/mains-pressure.htm

Cold water storage only – mains pressure hot water system - www.hse.gov.uk/legionnaires/cold-water-storage.htm

		Legion	inaire	es Dise	ease Risk	Assessmei	nt				
Property address							E E				
Date of assessment					essment ried out by						
,	Detached house		Single	e	Other						
Are any guests tenant particularly susceptibhealth or lifestyle?  Describe type of cold mains feed or from st	le to Legion	ella due		1	s						
(Include sketch if pos	sible at rear										
feed via combi boiler (Include sketch if pos	or from stor	rage tan	k.								
				RISK	CATEGOR	IES					
If y	ou answer Y	ES to ar	ny of t			e complete ri	isk/recomn	nendatio	on		
<ol> <li>Water outlet temp</li> </ol>			1		1			r		_	
Is cold water temperat	ure at <b>Yes</b>	П	No	П	1	water tempe	rature	Yes		No	
outlets below 20°C?  Cold water must flow fr fitted, measure temper made to the system i.e.	ature at the	hot wate	er inlet	t to the 1	er above 50° FMVs. If ter	nperatures are	too low/hi			-	-
Identify any Defect/Risk	,										
Related Recommendation											
Responsible person to carry out action	Landlord / host		Oth	er [	Othe Deta						
2. Cold water storage	tanks -										
Is there a cold water stank present?	_		No		If No go to Q3	Does it have a lid?	a tight fittin	g Yes		No	
Is the water temperate the tank below 20°C?	ure in Yes		No			the tank clear s, scale & orga		Yes		No	
Is the tank insulated?	Yes		No		Location of tank				A.S.		
If any debris etc. is preso the tank may need to be the tank should be belo Identify any Defect/Risk	e replaced. A	ll cold wa	ater ta	nks shou	ld have tigh	fitting lids to	prevent deb	ris enter			
Related Recommendation											
Responsible person to carry out action	Landlord / host		Oth	er	Othe Deta			0.		ŭ.	
3. Hot water											
Is the temperature set	ting on the I	ooiler ar	nd/or ł	not wate	er tank such	that		Yes		No	
the hot water is heate									Ш		
NB: If the temperature i					alding to use	rs. The tempe	rature settin	g on the	boiler a	nd/or h	ot water
Identify any Defect/Risk											
Related											

Recommendation

						CNES 2	2023 v3
Responsible person to Lan carry out action	ndlord /	Other	Other Details:				
4. Little used outlets							
Are there any water outle bathrooms? If yes, identif			oer week e.g. in	guest	Yes	No	
Any little used outlets sho production should be minim Identify any Defect/Risk	ould be flushed th	rough weekly b					
Related							
Recommendation							
Responsible person to Lar carry out action	host	Other	Other Details:				
5. Shower heads							
Are there any showers in	the property? If	yes, identify ou	tlet & location b	elow	Yes	No	
Shower heads should be cle	eaned, disinfected	and descaled at	least once every	6 months. Aerosol	production sh	ould be m	inimised
during this process.  Identify any Defect/Risk							
Related Recommendation							
Responsible person to Lar	ndlord /	Other	Other Details:				
Sections of pipework whice "dead legs") can allow was Are there any dead legs in Any dead legs in pipework soldentify any Defect/Risk	ater to stagnate in the property? If	n the system. A f yes, identify o	re there any dea utlet & location	id legs known in th below	Yes	No	nown as
Related							
Recommendation							
Responsible person to Lar carry out action	ndlord /	Tenant	Other	Other Details:			
7. Unoccupied propertie							
Is the property left unocc lettings over the summer All hot & cold water outlets occupation. Aerosol produc	holiday or at Chr s should be flushe	ristmas/New Ye d through at lea	ar st once a week fo	or at least 5 minute			
Identify any Defect/Risk	LION SHOULD BE IIII	minised during t	nis process ir em	ory long term - cons	aci araning t	ne system.	
Related Recommendation							
Responsible person to Lar carry out action	ndlord /	Tenant	Other	Other Details:			
Advice to tenants (This ca	an be done by givir	ng the tenant/s t	he tenant advice	sheet)			
Has advice been given to Disease in a domestic set				Yes No	N/A a	s Short lets	$\overline{\mathbf{V}}$
The assessment is compl that the recommendatio Signed						'ou shoule	d ensure
Print Name							

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Diagram/Sketch of Water System In Property

(You can use any of the examples provided within this form if they meet your requirements)

(Include all pipework water storage tanks, taps outlets and showers)

Legionnaire's Disease	Risk Assessment Review - To be completed at least once	per yea	ar.		
Property address					
Date of assessment	Assessment carried out by				
Since the original risk assessment	was carried out: -				
Has there been a change to the w	Yes		No		
Has there been a change to the u	Yes		No		
Is there new information available	le about risks or control measures?	Yes		No	
When testing the temperature of outlets at a temperature of below	f the water in the system, does hot water flow from any w 50C?	Yes		No	
When testing the temperature of outlets at a temperature of above	Yes		No		
Are the current tenants and their lifestyle?	Yes		No		
Has there been a case of Legionn	aires Disease associated with the system?	Yes		No	
If you have answered yes in responsive carried out by a competent person	onse to any of the questions above, a new risk assessme on.	nt shou	ıld be		
Signed	Date				
Print Name	A three Alberta				
Time realine					
	1 - A may a padaman				
Property address					
Date of assessment	Assessment carried out by				
Since the original risk assessment	was carried out: -				
Has there been a change to the v	Yes		No		
Has there been a change to the u	Yes		No		
Is there new information availab	Yes		No		
When testing the temperature of the water in the system, does hot water flow from any outlets at a temperature of below 50C?				No	
When testing the temperature of water in the system, does cold water flow from any outlets at a temperature of above 20C?				No	
Are the current tenants and their visitors more susceptible due to their age, health or lifestyle?				No	
Has there been a case of Legionnaires Disease associated with the system?				No	
If you have answered yes in resp carried out by a competent pers	oonse to any of the questions above, a new risk assessme on.	ent shou	uld be		
Signed	Date				
Print Name					

				CNES	S 2023 v3
Property address		7			
Date of assessment	Assessment carried out by				
Since the original risk assessmen	t was carried out: -				E)
	water system or the way it is used by occupants?	Yes		No	
Has there been a change to the	Yes		No		
Is there new information availab	Yes		No		
When testing the temperature of outlets at a temperature of belo	Yes		No		
When testing the temperature of outlets at a temperature of above	Yes		No		
Are the current tenants and thei lifestyle?	Yes		No		
Has there been a case of Legionr	naires Disease associated with the system?	Yes		No	
If you have answered yes in resp carried out by a competent person	onse to any of the questions above, a new risk assessme	nt sho	uld be	J	
carried out by a competent pers	on.				
Signed	Date				
Print Name					
	grand				
Property address					
Date of assessment	Assessment carried out by				
Since the original risk assessment	was carried out: -				
Has there been a change to the v	vater system or the way it is used by occupants?	Yes		No	
Has there been a change to the u	Yes		No		
Is there new information availab	Yes		No		
When testing the temperature of the water in the system, does hot water flow from any outlets at a temperature of below 50C?				No	
When testing the temperature of water in the system, does cold water flow from any outlets at a temperature of above 20C?				No	
Are the current tenants and their visitors more susceptible due to their age, health or lifestyle?				No	
Has there been a case of Legionnaires Disease associated with the system?				No	
If you have answered yes in responsal carried out by a competent person	onse to any of the questions above, a new risk assessme on.	nt shou	ld be		
Signed					
	Date				